

## Introduction to Yankee Traveller Allergen Guide

This guide has been put together by Zaks (UK) Ltd to list the 14 monitored allergens and their presence in food dishes prepared and served in Zaks Yankee Traveller.

The Allergens monitored in this guide are:

- Milk
- Eggs
- Peanuts (Groundnuts)
- Nuts (Tree nuts)
- Fish
- Crustaceans
- Molluscs
- Soya
- Cereals containing Gluten (non-wheat sources)
- Celery
- Mustard
- Lupin
- Sesame
- Sulphites
- Wheat Gluten (the eager eyed will notice this is number 15, an extra item to help you)

Please note that due to the amount of sesame seeds that exist in our business we cannot safely serve anyone with a sesame allergy.

If you have an allergy your server will assist you in using this guide to help you make an informed decision on a dish that is safe for you. If your allergy is not listed above, our team will be able to cater for this as well by speaking to our chefs whom have full recipe guides. Our team have received (or will shortly if they are new to the team) allergy awareness training.

Please also let us know the severity of your allergy.
The allergen guide should be used as a guide only and recipes are subject to change, we therefore recommend checking for any updates each time you visit us.

For vegetarians \& vegans; please specify so that we can cook your meal separately.

For gluten free \& all other allergies; please specify to the team as some dishes can be cooked separately or can be made suitable by removing or swapping aspects of the dish.

Our allergen information is intended to be as accurate as possible, however due to the handmade nature of many of our dishes, we cannot guarantee that dishes will be allergen free.

We change our drinks range on a regular basis but these are all pre-packaged so all the allergen information is to hand and printed on the labels of the products. Our team will be able to inform you of any allergens in these.

The matrix is a simple colour system with the listed allergens matched against the food and given a colour.

The key is as follows:
$\square=$ This dish contains the listed allergen and should be avoided.
$\square=$ This dish contains the allergen but can be either changed by simply removing an item i.e. celery sticks or does not directly contain the allergen but has come into contact with the allergen for e.g. in the fryers/char-grill or may contain traces of an allergen. There are notes explaining this for the dish in the far right column.
$\square=$ This dish is free from the specified allergen.

Any questions just ask and most importantly enjoy your food!

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