



Everyone's favourite

Introduction to Zaks Allergen Guide

This guide has been put together by Zaks (UK) Ltd to list the 14 monitored allergens and their presence in food dishes prepared and served in Zaks Diners.

The Allergens monitored in this guide are:

- Milk
- Eggs
- Peanuts (Groundnuts)
- Nuts (Tree nuts)
- Fish
- Crustaceans
- Molluscs
- Soya
- Cereals containing Gluten (non-wheat sources)
- Celery
- Mustard
- Lupin
- Sesame
- Sulphites
- Wheat Gluten (the eager eyed will notice this is number 15, an extra item to help you)

If you have an allergy your server will assist you in using this guide to help you make an informed decision on a dish that is safe for you. If your allergy is not listed above, our team will be able to cater for this as well by speaking to our chefs whom have full recipe guides. Our team have received (or will shortly if they are new to the team) allergy awareness training.

Please also let us know the severity of your allergy.

The allergen guide should be used as a guide only and recipes are subject to change, we therefore recommend checking for any updates each time you visit us.

Please note that due to the amount of sesame seeds that exist in our business we cannot safely serve anyone with a sesame allergy.

For vegetarians & vegans; please specify so that we can cook your meal separately.

For gluten free & all other allergies; please specify to the team as some dishes can be cooked separately or can be made suitable by removing or swapping aspects of the dish. Please note that our fryers are not gluten free due to the potential of cross contamination with other gluten containing products.

Our allergen information is intended to be as accurate as possible, however due to the handmade nature of many of our dishes, exact results may vary slightly.

We change our drinks range on a regular basis but these are all pre-packaged so all the allergen information is to hand and printed on the labels of the products. Our team will be able to inform you of any allergens in these.

The matrix is a simple colour system with the listed allergens matched against the food and given a colour.

The key is as follows:



= This dish contains the listed allergen and should be avoided.



= This dish contains the allergen but can be either changed by simply removing an item i.e. celery sticks or does not directly contain the allergen but has come into contact with the allergen for e.g. in the fryers/char-grill or may contain traces of an allergen. There are notes explaining this for the dish in the far right column.



= This dish is free from the specified allergen.

Any questions just ask and most importantly enjoy your food!



Zaks Allergen Guide

Menu Item	Milk	Eggs	Peanuts (groundnuts)	Nuts (tree nuts)	Fish	Crustaceans	Molluscs	Soya	Gluten	Celery	Mustard	Lupin	Sesame	Sulphites	Wheat	Notes
	Starters															
Famous Wings - Served with side of celery & blue cheese dip. Check sauces section.																
Famous Wings - Naked (See Dips Section)																Seasoning is packed where milk, mustard, sulphites, soya, celery, wheat, fish and shellfish are handled. Blue cheese dip contains milk & eggs. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers
Loaded Skins with MJ Cheese & Onion																Soya, egg, sulphites, celery, mustard, wheat, gluten, fish, shellfish, molluscs, nuts and peanuts present in fryers
Loaded Skins with Zaks Beef Chilli & MJ Cheese																Soya, egg, sulphites, celery, mustard, wheat, gluten, fish, shellfish, molluscs, nuts and peanuts present in fryers
Loaded Skins with Zaks Veg Chilli & MJ Cheese																Soya, egg, sulphites, celery, mustard, wheat, gluten, fish, shellfish, molluscs, nuts and peanuts present in fryers
Loaded Skins with MJ Cheese & Bacon																Soya, egg, sulphites, celery, mustard, wheat, gluten, fish, shellfish, molluscs, nuts and peanuts present in fryers
Loaded Skins with Blue Cheese & Mushroom																Soya, egg, sulphites, celery, mustard, wheat, gluten, fish, shellfish, molluscs, nuts and peanuts present in fryers
Loaded Skins with MJ Cheese & BBQ Pulled Pork																Soya, egg, sulphites, celery, mustard, wheat, gluten, fish, shellfish, molluscs, nuts and peanuts present in fryers
Prawn Cocktail																Bread made in a factory that handles nuts & peanuts
Half Rack of BBQ Ribs																Eggs in coleslaw. Milk, eggs, fish, crustaceans, gluten & wheat present on chargrill. Can be cooked separately
Half Rack of Maple & Red Pepper Ribs																Eggs in coleslaw. Milk, eggs, fish, crustaceans, gluten & wheat present on chargrill. Can be cooked separately
Garlic Bread																Eggs processed in the same factory
Garlic Bread with Grilled MJ Cheese																Eggs processed in the same factory
Cheesy Nachos																
Awesome Nachos - Beef Chilli																
Awesome Nachos - Vegetarian Chilli																
Porky's Revenge Nachos																
Pigs Might Fly	See Wings & Ribs above															
Frickles																Milk, egg, peanuts, nuts, fish, crustaceans, molluscs, mustard, soya, gluten, wheat & celery present in vegetarian fryer
Cheesy Churros																Milk, egg, peanuts, nuts, fish, crustaceans, molluscs, mustard, soya, gluten, wheat & celery present in vegetarian fryer



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	Menu Item	Allergens													Notes			
		Milk	Eggs	Peanuts (groundnuts)	Nuts (tree nuts)	Fish	Crustaceans	Molluscs	Soya	Gluten	Celery	Mustard	Lupin	Sesame		Sulphites	Wheat	
SIDE ORDERS	Side Orders																	
	Vegan Chilli Bowl																	
	Zaks Beef Chilli Bowl																	
	BBQ Beans																	
	Homemade Creamy Coleslaw																	
	Mushrooms																	Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers
	Corn on the Cob																	Served with butter. Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill
	Pulled Pork with Hot Sauce																	
	Pulled Pork with BBQ Sauce																	
	Pulled Pork with Tennessee Sauce																	
	Cobb Salad																	French dressing contains mustard, wheat and gluten. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers
	Onion Rings																	Milk, egg, peanuts, nuts, fish, crustaceans, mustard, molluscs, soya, gluten, wheat & celery present in vegetarian fryer
	Zaka's Wedges																	Milk, eggs, soya, fish, shellfish, celery, mustard, sulphites, gluten, wheat, nuts & peanuts present in fryers
	Fries																	Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers
	Curlies (Curly fries)																	Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers
	Sweet Potato Fries																	Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers
	Tater Tots																	Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers
	Zaks Mac 'N' Cheese																	
BBQ Pulled Jack Fruit																		
Grilled Halloumi																		



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Menu Item		Allergens													Notes		
		Milk	Eggs	Peanuts (groundnuts)	Nuts (tree nuts)	Fish	Crustaceans	Molluscs	Soya	Gluten	Celery	Mustard	Lupin	Sesame		Sulphites	Wheat
BEEF DOGS	Beef Dogs ONLY - See sides for 'tater choice																
	Plain Dog - Just the dog	Yellow	Yellow	Green	Green	Yellow	Yellow	Green	Green	Yellow	Green	Yellow	Green	Red	Green	Yellow	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill
	Chicago	Red	Red	Yellow	Yellow	Yellow	Yellow	Red	Red	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers. Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill
	New Yorker	Red	Red	Green	Green	Yellow	Yellow	Green	Green	Red	Green	Yellow	Green	Red	Green	Red	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill
	Dirty Dawg	Red	Red	Green	Green	Yellow	Yellow	Green	Green	Red	Green	Yellow	Green	Red	Green	Red	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill
	Chilli Dog	Red	Red	Green	Green	Yellow	Yellow	Green	Green	Red	Green	Yellow	Green	Red	Green	Red	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill
	Moving Mountain Dog	Green	Green	Yellow	Yellow	Green	Green	Green	Green	Green	Green	Green	Green	Red	Green	Red	Made in a factory where peanuts & nuts are handled
	Facon	Green	Green	Green	Green	Green	Green	Green	Red	Red	Green	Green	Green	Red	Green	Red	



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Menu Item	Allergens													Notes		
	Milk	Eggs	Peanuts (groundnuts)	Nuts (tree nuts)	Fish	Crustaceans	Molluscs	Soya	Gluten	Celery	Mustard	Lupin	Sesame		Sulphites	Wheat
From The Chargrill - see sides for 'tater choice																
Ribs - BBQ																Eggs in coleslaw. Milk, eggs, fish, crustaceans, gluten & wheat present on chargrill
Baby Back Ribs - Maple & Red Pepper																Eggs in coleslaw. Milk, eggs, fish, crustaceans, gluten & wheat present on chargrill
Fat Boy Ribs - Maple & Red Pepper																Eggs in coleslaw. Milk, eggs, fish, crustaceans, mustard, gluten & wheat present on chargrill
Chicken Fillet - Naked																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Egg in coleslaw
Chicken Fillet - Lime and Tequila Glaze																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Egg in coleslaw
Chicken Fillet - Cajun Blackened																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Egg in coleslaw
Chicken Fillet - Tennessee Glaze																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Egg in coleslaw
Salmon Fillet - Naked																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Egg in coleslaw
Salmon Fillet - Lime & Tequila Glaze																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Egg in coleslaw
Salmon Fillet - Cajun Blackened																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Egg in coleslaw
Salmon Fillet - Tennessee Glaze																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Egg in coleslaw
Hamburger Steak																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
10 oz Rump Steak																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
14 oz Rib Eye																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
8 oz Bacon Steak																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
12 oz Strip																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
Rub N Roast Seasoning																

CHARGRILL



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Menu Item															Notes	
	Milk	Eggs	Peanuts (groundnuts)	Nuts (treenuts)	Fish	Crustaceans	Molluscs	Soya	Gluten	Celery	Mustard	Lupin	Sesame	Sulphites		Wheat
Chargrilled Burgers (Just the burger - see sides for choice of 'taters)																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
Buns with Salad and Mayo																
De-luxe Burger																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
Cheese Burger De-luxe																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
C&B																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
C&B with an egg																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
Rock House																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
Meltdown																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
Surf 'N' Turf																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
Chilli Burger																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Pot of cheese served on the side which doesn't need to be included for lactose intolerance
The Godfather																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
Desperado																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
Blue Vein																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
Western																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
The PB																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
Bacon 'N' BBQ Bean Melt Burger																Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.

BURGERS



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		Milk	Eggs	Peanuts (groundnuts)	Nuts (tree nuts)	Fish	Crustaceans	Molluscs	Soya	Gluten	Celery	Mustard	Lupin	Sesame		Sulphites	Wheat
BURGERS	The JD Burger	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Yellow	Yellow	Green	Red	Yellow	Red	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
	The Big Un Burger	Red	Red	Green	Green	Yellow	Yellow	Green	Green	Red	Green	Yellow	Green	Red	Green	Red	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
	Philthy Delphia Burger	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Yellow	Green	Red	Yellow	Red	Red	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
	The Hogfather Burger with Hot Sauce	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Red	Yellow	Green	Red	Yellow	Red	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
	The Hogfather Burger with Tennessee Glaze	Yellow	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Yellow	Yellow	Green	Red	Yellow	Red	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
	The Hogfather Burger with BBQ	Yellow	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Yellow	Red	Green	Red	Yellow	Red	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
	Brooklyn Burger	Red	Red	Green	Green	Yellow	Yellow	Green	Green	Red	Red	Yellow	Green	Red	Green	Red	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
	Vegetarian Burgers - Just the Burger																
	Tomato + Olive	Red	Red	Yellow	Yellow	Green	Green	Green	Green	Red	Green	Red	Green	Red	Red	Red	
	Nut Burger	Green	Green	Red	Red	Green	Green	Green	Green	Red	Green	Green	Green	Red	Green	Red	Suitable for Vegan
	Spicy Bean	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Red	Yellow	Green	Green	Red	Green	Milk, egg, peanuts, nuts, fish, crustaceans, molluscs, soya, gluten, wheat & celery present in vegetarian fryer
	Moving Mountain Burger	Green	Green	Yellow	Yellow	Green	Green	Green	Green	Red	Red	Green	Green	Green	Red	Green	Suitable for Vegan
	Facon	Green	Green	Green	Green	Green	Green	Green	Green	Red	Red	Green	Green	Green	Red	Green	



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		Milk	Eggs	Peanuts (groundnuts)	Nuts (tree nuts)	Fish	Crustaceans	Molluscs	Soya	Gluten	Celery	Mustard	Lupin	Sesame		Sulphites	Wheat	
ZAKS HOUSE SPECIALS	House Specials - See Sides for choice of 'taters																	
	Chicken 'N' Cheese Melt	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Red	Yellow	Yellow	Yellow	Yellow	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers.
	Texas Combo	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Red	Red	Green	Red	Yellow	Yellow	Red	Seasoning is packed where milk, mustard, sulphites, soya, celery, wheat, fish and shellfish are handled. Blue cheese dip contains milk & eggs. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers
	Southern Fried Legs & Thighs	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Red	Red	Green	Red	Yellow	Yellow	Red	Seasoning is packed where milk, mustard, sulphites, soya, celery, wheat, fish and shellfish are handled. Blue cheese dip contains milk & eggs. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers
	Sizzling Chicken Skewers (Skewers only see sides)	Yellow	Yellow	Green	Green	Yellow	Yellow	Green	Green	Yellow	Green	Yellow	Green	Red	Green	Yellow	Yellow	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
	Sizzling Halloumi Fajitas (Skewers only see sides)	Red	Yellow	Green	Green	Yellow	Yellow	Green	Green	Yellow	Green	Yellow	Green	Red	Green	Yellow	Yellow	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
	Sizzling Shrimp Fajitas (Skewers only see sides)	Yellow	Yellow	Green	Green	Yellow	Red	Green	Green	Yellow	Green	Yellow	Green	Red	Green	Yellow	Yellow	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill.
Stairway to Heaven	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Red	Red	Green	Red	Yellow	Yellow	Red	Seasoning is packed where milk, mustard, sulphites, soya, celery, wheat, fish and shellfish are handled. Blue cheese dip contains milk & eggs. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers	



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	Menu Item														Notes			
		Milk	Eggs	Peanuts (groundnuts)	Nuts (tree nuts)	Fish	Crustaceans	Molluscs	Soya	Gluten	Celery	Mustard	Lupin	Sesame		Sulphites	Wheat	
THE REST	The Rest																	
	House Caesar Salad - Chicken & Bacon	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers. Bread made in a factory that handles nuts & peanuts
	House Caesar Salad - Cajun Salmon	Red	Red	Yellow	Yellow	Red	Yellow	Yellow	Yellow	Red	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers. Bread made in a factory that handles nuts & peanuts
	House Caesar Salad - Grilled Halloumi	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers. Bread made in a factory that handles nuts & peanuts
	Cobb Salad	Yellow	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	French dressing contains mustard, wheat and gluten. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers. Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Bread made in a factory that handles nuts & peanuts
	Cobb Salad - Chicken	Yellow	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	French dressing contains mustard, wheat and gluten. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers. Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Bread made in a factory that handles nuts & peanuts
	Cobb Salad - Cajun Salmon	Yellow	Red	Yellow	Yellow	Red	Yellow	Yellow	Yellow	Red	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	French dressing contains mustard, wheat and gluten. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers. Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Bread made in a factory that handles nuts & peanuts
Cobb Salad - Halloumi	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	French dressing contains mustard, wheat and gluten. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers. Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Bread made in a factory that handles nuts & peanuts	



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THE REST	Zaks Mac 'N' Cheese	Red	Yellow	Green	Green	Green	Green	Green	Green	Red	Green	Green	Green	Red	Green	Red	Sourdough garlic bread - egg processed in same factory
	Zaks Club Sandwich (See sides for 'taters)	Yellow	Red	Yellow	Yellow	Yellow	Green	Green	Red	Green	Yellow	Green	Green	Red	Green	Red	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill. Bread made in a factory that handles nuts & peanuts
	Pulled Pork Sandwich with Hot Sauce (See sides for 'taters)	Red	Red	Green	Green	Green	Green	Green	Red	Red	Green	Green	Green	Red	Green	Red	
	Pulled Pork Sandwich with Tennessee Glaze (See sides for 'taters)	Green	Red	Green	Green	Green	Green	Green	Red	Green	Green	Green	Green	Red	Green	Red	
	Pulled Pork Sandwich with BBQ (See sides for 'taters)	Green	Red	Green	Green	Green	Green	Green	Red	Green	Red	Green	Green	Red	Green	Red	



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JUNIOR MENU	Juniors																
	<i>Please see sides for choice of 'taters</i>																
	Zaks Junior Burger	See Burgers Above															
	Junior Mac 'N' Cheese	Red	Yellow	Green	Green	Green	Green	Green	Red	Green	Green	Green	Red	Green	Red	Sourdough garlic bread - egg processed in same factory	
	Hot Diggidy Dog	Red	Yellow	Green	Green	Yellow	Yellow	Green	Red	Green	Green	Yellow	Green	Red	Green	Red	Milk, egg, fish, crustaceans, gluten, wheat & mustard present on grill
	Chicken Crispies	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Red	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	May contain celery, milk, mustard & nuts. Soya, milk, egg, wheat, gluten, mustard, celery, sulphites, fish, shellfish, molluscs, nuts & peanuts present in fryers
	Junior Ribs	Yellow	Yellow	Green	Green	Yellow	Yellow	Green	Green	Yellow	Green	Red	Green	Red	Green	Yellow	Milk, eggs, fish, crustaceans, gluten & wheat present on chargrill. Can be cooked separately
	Meatballs & Pasta	Red	Yellow	Green	Green	Green	Green	Green	Red	Green	Green	Green	Red	Green	Red	Yellow	Sourdough garlic bread - egg processed in same factory
	Tomato Pasta	Green	Green	Green	Green	Green	Green	Green	Red	Green	Green	Green	Red	Green	Red	Yellow	
	BBQ Beans	Green	Green	Green	Green	Green	Green	Green	Green	Green	Red	Green	Red	Green	Red	Yellow	
	Nacho Bites	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Red	Green	Red	Green	Yellow	
	Corn on the Cob	Yellow	Yellow	Green	Green	Yellow	Yellow	Green	Green	Yellow	Green	Yellow	Green	Red	Green	Yellow	Milk, eggs, fish, crustaceans, gluten & wheat present on chargrill.
	Mini Salad	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Red	Green	Red	Green	Yellow	
	Jacket Potato with Cheese	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Red	Green	Red	Green	Yellow	
	Junior Desserts																
	Junior Brownies	Red	Red	Yellow	Yellow	Green	Green	Green	Red	Red	Green	Green	Red	Green	Red	Yellow	Ice cream made in a factory which handles nuts
	Junior Pancakes	Red	Red	Yellow	Yellow	Green	Green	Green	Red	Red	Green	Green	Red	Green	Red	Yellow	Ice cream made in a factory which handles nuts
	Baby Beehive	Red	Red	Yellow	Yellow	Green	Green	Green	Red	Red	Green	Green	Red	Green	Red	Yellow	Ice cream made in a factory which handles nuts
Mint Hill	Red	Red	Yellow	Yellow	Green	Green	Green	Red	Red	Green	Green	Red	Green	Red	Yellow	Ice cream made in a factory which handles nuts	
Mini Mallow Mountain	Red	Red	Yellow	Yellow	Green	Green	Green	Red	Red	Green	Green	Red	Green	Red	Yellow	Ice cream made in a factory which handles nuts	
Cookies 'n' Cream	Red	Red	Yellow	Yellow	Green	Green	Green	Red	Red	Green	Green	Red	Green	Red	Yellow	Ice cream made in a factory which handles nuts	
Bananas & Custard	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Red	Green	Red	Yellow		



Zaks Allergen Guide

Menu Item	Milk	Eggs	Peanuts (groundnuts)	Nuts (tree nuts)	Fish	Crustaceans	Molluscs	Soya	Gluten	Celery	Mustard	Lupin	Sesame	Sulphites	Wheat	Notes
	Other Dips															
BBQ Dip																
Salsa Dip																
Sour Cream Dip																
Tennessee Glaze Dip																
Jalapeno Cheese Sauce																
Lime & Tequila Glaze																
Famous Hot Sauce																
Garlic Butter																
Blue Cheese Sauce																
Marie Rose Sauce																
Man Up Sauce																
Maple & Red Pepper Sauce																
Chi Chi																
Sweet Chilli																
Spicy Dipping Sauce																
Vegan Spicy Dipping Sauce																Made in a factory that handles egg
Malt Vinegar																
Tomato Ketchup																
Vegan Mayo																Made in a factory that handles egg
Mayonnaise																
Sweetcorn Relish																
Tomato + chilli relish																
Cucumber relish																

DIPS & SAUCES



Zaks Allergen Guide

Menu Item	Milk	Eggs	Peanuts (groundnuts)	Nuts (tree nuts)	Fish	Crustaceans	Molluscs	Soya	Gluten	Celery	Mustard	Lupin	Sesame	Sulphites	Wheat	Notes
	Desserts															
Homemade Chocolate Fudge Brownies																Ice cream made in a factory which handles nuts
Spiced Apple Cake (just the cake)																Made in a factory which handles nuts
Cookie Dough Cheesecake (just the cheesecake)																
Lime & Avocado Cheesecake (just the cheesecake)																Made in a factory that handles nuts
Chocolate Obsession (just the slab)																
Pecan Pie																Ice cream made in a factory which handles nuts
American Buttermilk Pancakes (Check individual sauces & black cherries)																Ice cream made in a factory which handles nuts
Waffle "Schmores" Heaven																Ice cream made in a factory which handles nuts
Choc Mallow Mountain																Ice cream made in a factory which handles nuts
Treasure Island																
Berried' Treasure																
Cookies 'n' Cream																Ice cream made in a factory which handles nuts
Zaks Screwball																Ice cream made in a factory which handles nuts - check for gluten in 100's & 1000's
Mint Mountain																Ice cream made in a factory which handles nuts
Banana Split																Ice cream made in a factory which handles nuts
Chocolate Beehive																Ice cream made in a factory which handles nuts
Movie Night (check the popcorn packaging for allergens)																Ice cream made in a factory which handles nuts
Vanilla Ice Cream																Ice cream made in a factory which handles nuts
Chocolate Ice Cream																Ice cream made in a factory which handles nuts
Strawberry Ice Cream																Ice cream made in a factory which handles nuts
Wafer																
All Ice Cream Sauces	Check individual packaging															
Whipped Cream																
Vegan Whipped Cream																
Vegan Ice Cream	Check individual packaging															
Black Cherries in Sauce																
Custard																

DESSERTS



Zaks Allergen Guide

Menu Item		Milk	Eggs	Peanuts (groundnuts)	Nuts (tree nuts)	Fish	Crustaceans	Molluscs	Soya	Gluten	Celery	Mustard	Lupin	Sesame	Sulphites	Wheat	Notes
SHAKES	Shakes																
	All milkshakes contain these allergens with the exception of the below:	Red	Green	Yellow	Yellow	Green	Green	Green	Green	Green	Green	Green	Red	Green	Green	Green	Ice cream made in a factory which handles nuts
	Malted milkshakes	Red	Green	Yellow	Yellow	Green	Green	Green	Red	Green	Green	Green	Red	Green	Green	Green	Ice cream made in a factory which handles nuts
	Peanut shakes	Red	Green	Red	Red	Green	Green	Green	Green	Green	Green	Green	Red	Green	Green	Green	
	Any milkshakes containing Black Cherry	Red	Red	Red	Red	Green	Green	Green	Red	Green	Green	Green	Red	Green	Red	Green	Ice cream made in a factory which handles nuts
	Any milkshakes containing Lime	Red	Green	Yellow	Yellow	Green	Green	Green	Green	Green	Green	Green	Red	Green	Green	Green	Ice cream made in a factory which handles nuts
	Any milkshakes containing White Chocolate	Red	Green	Yellow	Yellow	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Ice cream made in a factory which handles nuts
	Cookies 'n' Cream Shakes	Red	Yellow	Yellow	Yellow	Green	Green	Red	Red	Green	Green	Green	Green	Green	Green	Red	Ice cream made in a factory which handles nuts. Cookie may contain egg
	Any milkshakes containing Meringue	Red	Red	Yellow	Yellow	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Ice cream made in a factory which handles nuts
Adult shakes as per milkshake but please check alcohol	Red	Green	Yellow	Yellow	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Ice cream made in a factory which handles nuts	



Zaks Allergen Guide

Menu Item	Allergens													Notes		
	Milk	Eggs	Peanuts (groundnuts)	Nuts (tree nuts)	Fish	Crustaceans	Molluscs	Soya	Gluten	Celery	Mustard	Lupin	Sesame		Sulphites	Wheat
Breakfast																
The Big English	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	Yellow	Yellow
The Mini English	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	Yellow	Yellow
The Big American	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	Yellow	Yellow
The Mini American	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	Yellow	Yellow
Zaks Stack	Red	Red	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	Yellow	Yellow
Breakfast Sundae	Red	Green	Yellow	Yellow	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Pancakes, pancakes, pancakes!	Red	Red	Yellow	Yellow	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Hash Brown	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	Yellow	Yellow
Fried Egg	Green	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Sausage Patty	Yellow	Yellow	Green	Yellow	Yellow	Green	Green	Red	Yellow	Green	Green	Green	Green	Green	Green	Green
Scrambled Eggs	Red	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Toasted Sour Dough Bun	Yellow	Yellow	Green	Green	Green	Green	Green	Red	Yellow	Green	Green	Green	Green	Green	Green	Green
Bacon	Yellow	Yellow	Green	Yellow	Yellow	Green	Green	Yellow	Yellow	Green	Green	Green	Green	Green	Green	Green
Baked beans	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Mushrooms	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Green	Red	Yellow	Red	Yellow	Yellow	Yellow
Toast	Green	Green	Yellow	Yellow	Green	Green	Green	Red	Red	Green	Green	Green	Green	Green	Green	Green
Butter Portion	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Bagel	Green	Green	Green	Green	Green	Green	Green	Red	Green	Green	Green	Green	Green	Green	Green	Green
Yoghurt	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Fresh Fruit	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Maple Syrup	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green